

WHERE SOUL, MIND AND BODY BECOME A SINGLE ENTITY

URBN   
SPA & WELLNESS







BODY THERAPY

# SKIN REFINING BODY SCRUB

Rubs away dead cells and sloughs off flakes that make your skin look dull and lackluster. It reveals the fresh cells underneath and leaves the skin glowing, youthful and hydrated.





BODY THERAPY

## DETOXIFYING BODY WRAP

This enriching Ghassoul mud wrap, works through a mineral, mechanical and thermal effect. Mineral rich, it improves skin function and elasticity, and stimulates blood circulation in the deeper tissue layers, and leaves skin smooth and luminous.



BODY THERAPY

# NOURISHING SKIN

Ideal for when you're feeling run down or sluggish, this cure-all body scrub and wraps that boosts your energy field and immune system as well as leaving skin silky smooth and shrouded in a light, but deeply moisturising.



BODY THERAPY

## MOROCCAN HAMMAM

All the secrets of the Moroccan Hammam are in this all-rounded ritual. Soft steam and scrub with black soap, followed by the kessa miss, tool for exfoliation, that is capable of vigorously rubbing off all the dead skin and impurities, finishing by a wrap with purifying ghassoul. This treatment is revitalizing and leaves a soft and satin smooth skin.



BODY THERAPY

## TURKISH HAMMAM

This Bath cleanse your body and soothe your spirit with this purifying and refreshing ceremony, modelled on one of the world's oldest cleansing traditions.

It's an invitation to fulfillment and serenity. The entire know-how of the Turkish baths in this unique ritual: soft steam with black soap, skin exfoliation with Kessa Mitt followed by a massage in a cloud of foam.





BODY MASSAGE

# HOLISTIC AROMATHERAPY

Rubs away dead cells and sloughs off flakes that make your skin look dull and lackluster. It reveals the fresh cells underneath and leaves the skin glowing, youthful and hydrated.





## BODY MASSAGE

# DEEP TISSUE

This type of massage focuses on realigning deeper layers of muscles and connective tissue. It is especially helpful for chronically tense and contracted areas. The movement is slower and the pressure is deeper and concentrated on areas of tension, followed by passive stretching for the upper and lower limbs. Deep Tissue should never be painful. The depth of pressure depends on the client's level of tolerance.



BODY MASSAGE

# AROMATHERAPY CANDLE

The soothing aroma of the candle will take you on a journey of senses. Pure and warm essential oils are captured in the little body of the massage candle were these oils will awaken your senses and deeply nourish your skin, enhancing your massage experience.



BODY MASSAGE

## VOLCANIC HOT STONES

Heated basalt stones are applied in long flowing strokes to the body. Working on the mind and soul, improving your health as well as your physical, mental and emotional wellbeing. Hot stones may relieve symptoms of autoimmune disease such as fibromyalgia.



BODY MASSAGE

## COUPLE'S ROMANCE

Couples massages are a great opportunity to restore your relationship while having a unique romantic getaway without the hustle and bustle of your daily life. The retreat is your chance to take time away from work, kids, and daily chores. To look inward, focus on yourself and each other.



BODY MASSAGE

## FOOT & LEG REVIVER

A real treat for your precious feet, help release the flow of energy so that the body can achieve a state of balance.



BODY MASSAGE

## BACK, NECK & SHOULDER

Lie back and enjoy a firm massage in all areas around the neck and the shoulder. This massage alleviates stress, improves posture and flexibility, relieves tension headaches and helps decrease feelings of depression.



BODY MASSAGE

## MANUAL LYMPHATIC DRAINAGE

This stimulates the body's lymphatic system, allowing it to naturally circulate fluids and increase the body's metabolism. A healthy flow of lymph supports the body's immune system in fighting of toxins responsible for viruses and infection.



BODY MASSAGE

## SLIM & FIRM CELLULITE

Anti – Cellulite massage is a method which is applied in order to reduce and eliminate cellulite and bring the skin to healthy state. A series of treatments is recommended for the greatest benefit.





# FACIAL BIOLOGIQUE RECHERCHE FACIALS

The Biologique Recherche Methodology has a reputation for astounding effectiveness based on a clinical approach to beauty care using pure, concentrated, and raw ingredients, as well as innovative and meticulous protocols and procedures.



## EXPRESS FACIAL

We have taken out all the fluff to deliver you a customizable, results-oriented facial in just 40 minutes. It is perfect for those short on time or for those looking for a quick refresher. This treatment is suitable for all skin type and will reveal a healthier, more radiant complexion.

## ILLUMINATING EYE TREATMENT

This add on treatment is an anti-puffiness and smoothing biocellulose eye mask. It is developed to treat the signs of fatigue and aging in the eye contour area.

## THE RE-BALANCING FACIAL

This facial is personalized to repair, nourish hydrates, purify, and reinforce skin at the cellular level. It includes the Fruit Acid Peel Booster from Biologique Recherche. Its acidic pH formula (2.3) uses fruits and flower acids, which are exfoliants from natural origins. Working together, these acids smooth uneven areas on the skin such as wrinkles, fine lines or superficial marks(acne scars).

### Skin Suited:

- Congested
- Acne
- Unbalanced
- Dry
- Ageing

### Benefits:

- Purifying
- Hydrating
- Treat Acne-Prone Skin
- Regulate Sebum

## THE LUMINOUS OXYGEN FACIAL

Detoxify and re-oxygenate dull, dehydrated skin with this rejuvenating facial featuring the exclusive Biologique Recherche oxygenating VIP O2 Complex.

Genuine luster is restored, leaving your skin brighter and glowing with vitality in just one treatment. This is the perfect facial to book before a special occasion.

### Skin Suited:

- Dull
- Dry
- Tired

### Benefits:

- Oxygenating
- Hydrating
- Calming
- Rebalancing

## THE AGE-RECOVERY FACIAL

This facial addresses one of the most common and complex problems of aging skin- the gradual loss of volume and elasticity. A pinching massage designed by DR. Jacquet- Leroy to stimulate the skin tissue and muscles with the use of Biologique Recherche's special Lift C.V.S. and algae powder. Lift C.V.S. is a lotion rich on silk proteins, hyaluronic acid and natural extracts to enlighter and smooths your skin. This facial treatment wills the skin on your face, neck and chest a firmer and more rejuvenated appearance.

### Skin Suited:

- Mature + Ageing
- Dehydrated
- Dull

### Benefits:

- Reconstructing
- Plumping
- Lifting
- Firming



FACIAL

## HYDRA COOL PLUS FACIALS

The Hydra Plus Facial treatment is a non-invasive, gentle microdermabrasion multi-step treatment that uses a unique delivery system to cleanse, exfoliate, extract and oxygenate your skin. It performs multiple effect of clearing away impurities, dead skin cells, blackheads and whiteheads; and infusing essential nutrients, antioxidants and minerals to restore your skin back to health.





## HYDRA COOL PLUS FACIALS

### HYDRA PLUS BOOSTER

This treatment offers the skin care solution for the time-challenged by bathing the skin in rich anti-oxidants and deeply hydrating by 3 acids: Lactic, Salicylic and Sodium Hyaluronic. It starts with deep cleansing and gentle exfoliation, followed by painless extractions and ends with a burst of hydration.

### TOTAL FACE LIFT

The optimal solution for the signs of skin aging, such as expression lines, crow's feet, dull complexion, lack of elasticity, tone and moisture. Our carefully selected pure ingredients from Hyaluronic Sodim, Collagen, Elastin and multi vitamins will help densify and regenerate the skin at its depth, while providing volume, protection and tone.

### REFINE & CLEAR

Here is your solution for open pores, black heads and post-acne damage so visible to the naked eye. This treatment helps to heal and renew the skin, prevent acne breakouts and regulate the sebum production, minimizing pore size. Our pure Vitamin A is the skin expert, the key anti-oxidant that will help produce new and healthy cells in the skin, leaving you with a smooth texture and clear complexion.



## HYDRA COOL PLUS FACIALS

### SKIN RENEWAL & HYPERPIGMENTATION

A tastefully crafted treatment using cocktail rich in active nutrients and revitalizing agents, for an instant radiance, rejuvenation and brightening effect. Powerful antioxidants will protect the skin from photo-damage, helping to control, lift and brighten brown spots, hyperpigmentation and melasma.

### EYE REJUVENATING PROGRAM

This treatment is powerfully moisturizing hypoallergenic eye solution for darkness, wrinkles and puffiness. Its anti-aging properties fight to remove all kinds of fine lines and enhance elasticity of the skin with hyaluronic acid and rich vitamins A, E, C and D.





BEAUTY

## NAILS & WAX SERVICES

Urban V is the first modern nail salon and spa providing technology and professional technicians who apply an intimate focus on providing excellent customer service and satisfaction.

When reserving nail services, we need to know if you currently have on regular or gel polish to ensure we provide enough time for removal.





## NAILS

### MANICURE

Cleaning the cuticles on the hands with nail polish.

### PEDICURE

Cleaning the cuticles on the feet with nail polish.

### CHANEL MANICURE

Same as a regular manicure, but using Chanel brand nail polish.

### CHANEL PEDICURE

Same as above, but for the feet.

### CHANEL POSE

Only applying Chanel nail polish, without cleaning the cuticles.

### FRENCH MANICURE

Cleaning the cuticles with French style polish.

### FRENCH PEDICURE

Same as above but for the feet.



## NAILS

### RUSSIAN MANICURE

A regular manicure, but instead of using the cuticle cutter and pusher, we use the drill to remove the cuticles. This gives a cleaner and smoother result. It includes normal nail polish (not gelish).

### RUSSIAN PEDICURE

Same technique as the Russian manicure, using the drill, and includes normal polish.

### MEDICAL PEDICURE

A regular pedicure, but done for cases with ingrown nails, to treat and clean them properly. Includes normal polish.

### MEN'S PEDICURE

A regular pedicure for men.

### MEN'S MANICURE

A regular manicure for men.

### POSE

Only applying nail polish on the nails, without cuticle cleaning.

### FRENCH POSE

Applying French polish only, without cleaning the cuticles.





## NAILS

### GELISH MANICURE

Cleaning the cuticles with gelish color. When we say “gelish color,” we mean a polish that lasts around 2 weeks.

### GELISH PEDICURE

Same as above, but for the feet, includes cuticle cleaning and gelish color.

### REFILL GEL/POLYGEL

When a client does gel or polygel, she comes back after about 2 weeks to refill the gaps. We fill it in and reapply the color on top.

### EXTENSION REMOVAL

Removing the full set of gel/polygel extensions.

### OMBRE, CAT EYE, CHROME

These are types of nail designs applied over the gelish color.

### NAIL REPAIR

If a client's nail breaks, we do a nail repair using gel to fix and rebuild it.

### NAIL DESIGN

Any drawing or design done on the nail.



## NAILS

### PARAFFIN

A treatment like a mask for hands or feet, softens the skin. It stays on for around 15 mins then gets removed.

### FAKE NAIL

When a client adds a fake nail on top of their natural nail. It's charged per nail. If the client applies fake nails on all fingers, it's called a full set of fake nails.

### STRUCTURE BASE

Similar to rubber base but thinner and lighter in texture.

### BUILDER

A material like rubber base, but using a newer technique. It protects the nail and also helps in extending it.

### GELISH POSE

Applying gelish polish only, without cleaning the cuticles.

### GELISH FRENCH POSE

A French style gelish polish, without cuticle cleaning.

### REMOVE GELISH

When the client comes to remove gelish color from her nails.

 NAILS

## RUBBER BASE / COLORED

The rubber base is a material applied to the nail to strengthen it and prevent breakage. It helps the nail grow longer. Clients with weak or thin nails often apply rubber. On top of the rubber base, we can apply either normal or gelish color.

## RUBBER REMOVAL

Removing the rubber base from the nails.

## ACRYLIC / GEL / POLYGEL FULL SET

All three are similar in purpose, they're used to extend the nails, reshape them, and help them grow. These materials typically last around 2 weeks. After that, we can apply normal or gelish color on top.



